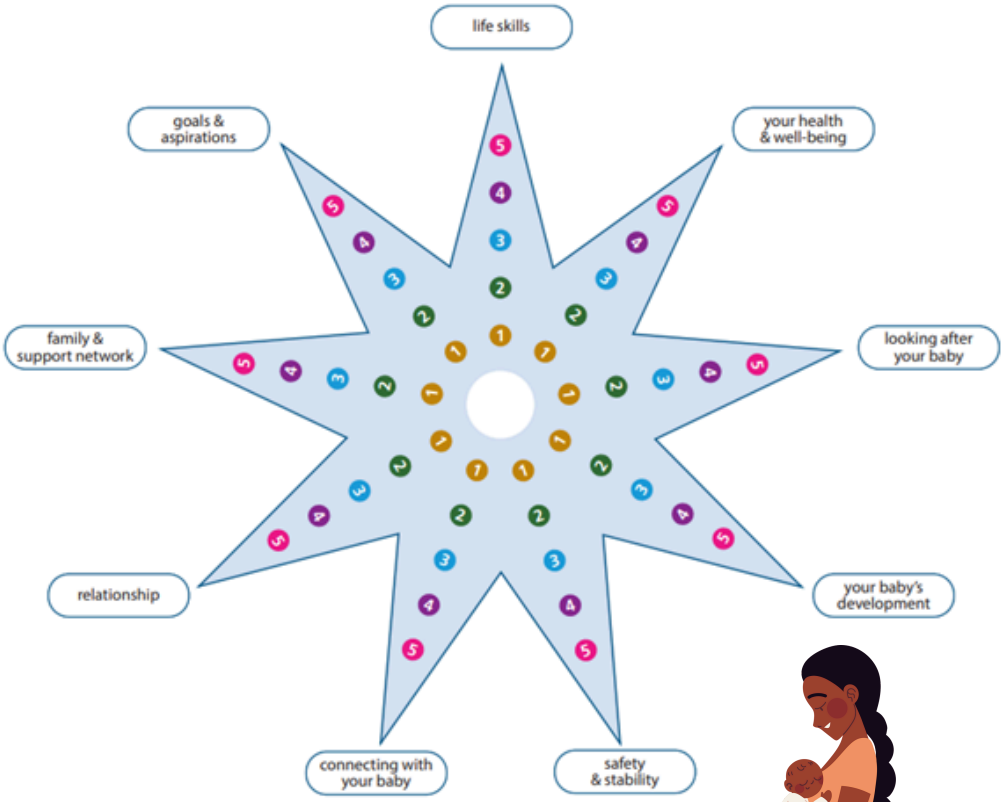
THE NEW MUM STAR

A resource to help look at the families different areas of life. For each area, there is a five-point scale that will help them to understand and talk about how they feel, how they are coping and what they are doing to address any difficulties.



Scan the QR code to go the Enhanced Health Visiting Website

NHS
Homerton Healthcare
NHS Foundation Trust

INTENSIVE SERVICE

NHS
Homerton Healthcare
NHS Foundation Trust

(PERSONALISED SERVICE)

The High Impact Health Visitors work with small caseloads of families offering additional contacts based on need; the team receive specialised supervision from the Parent Infant Psychotherapist and Integrative Child Psychotherapist to support them working with families who have complex needs.

To enable families to receive the right help, at the right time, for the right reasons; supporting to improve parents chances and keeping their children safe from harm, achieving good health outcomes and enabling them to thrive as they transition to school with the best chances of learning and achieving.

INTENSIVE SERVICE AREAS

1.Transition to Parenthood from antenatal period to 12 weeks postnatally

2. Perinatal and Infant Mental Health

3. Healthy Weight and Health Nutrition

4. Families of Children with Special Educational Needs

5. Immunisation



6. Parents using Harmful Substances (Drugs, Alcohol, Smoking, Vaping)

7. Integrated Reviews

8. Homelessness, Asylum and Refugee Families and Poverty

9. Domestic Abuse, Families in Women's Refuge, VAWG

10. Paediatric Liaison

11. Infant Feeding

LEVELS OF THE ENCHANCED HEALTH VISITING SERVICE



Universal

Antenatal contact from 28 weeks.
New birth contact 10-14 days.
6-8 week post-natal contact for child/mother
8-12 month health and development review.
18 months desktop review
27 month/Integrated health and development review.

Targeted

Additional support for an identified need, or may be receiving further support from one other service/agency.



1 month
3-4 months
3-3.5 years review



Specialist

Families and children that require coordinated support from a number of different organisations such as SEND and includes those children under Early Help Support, LAC, CIN and CP Plans with the Local Authority

1 month
3-4 months
3-3.5 years review



New - Intensive Service (Personalised Service)
The Intensive Service is a targeted support service for pregnant people (28 weeks +) and infants from 0 to 2 years with additional risk factors and health needs. (Level 5)

TWO PATHWAYS FOR THE INTENSIVE SERVICE





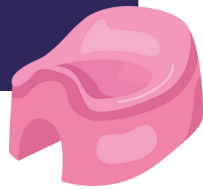
Ruby Pathway	Emerald Pathway
Antenatal – 13 Months 2 weekly for the first 3 months Contacts with the High Impact Area health visitors and Senior Nursery Nurse	13 Months – 2.5 years 2 weekly for the first 3 months Contacts with the High Impact Arears health visitors and Senior Nursery Nurse
17 contacts	15 contacts



Senior Nursery Nurse Summary

Working alongside the Health Visitors to help support parents with healthy eating, weaning, sleep, potty training, behaviour/tantrums, home safety and practical support. Connecting families to the right support, such as the children and family hubs and local services.





Referral criteria

The Intensive Service is aimed at pregnant people 28 weeks and infants from 0 to 2 years with additional risk factors and health needs.

Please contact the Intensive Service Team via email for a referral form - huh-tr.hackneyandcityhvintensive@nhs.net