ADHD STEP- DOWN PATHWAY

CAMHS and Primary care liaison nurse identify child 14-18 with stable condition on ADHD medication

Liaison nurse discusses with GP who considers whether or not to provide stepped down care for the child

Once agreed to be tepped-down, CAMHS team to provide GP with management plan including:

recommendations for medication plan

recommendations for non-pharmacological interventions

recommendations for transition to adult services

No secondary care appointments are booked routinely

First review with GP or practice nurse within 3 months of being stepped down with subsequent reviews every 6 months, using EMIS ADHD Review Template

For 2019/20 - only one review is necessary

Physical review will include: Pulse/BP/Height/weight/BMI

NO requirement for ECG or bloods

Medication review will include: Behaviour, Sleep, Adherence to medication, Effectiveness of medication, Side effects

Concerns to be discussed with liaison nurse include: Tachycardia , Raised blood pressure , Weight loss, Concerns identified by patient/family, Sleep disturbance, Appetite reduced

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