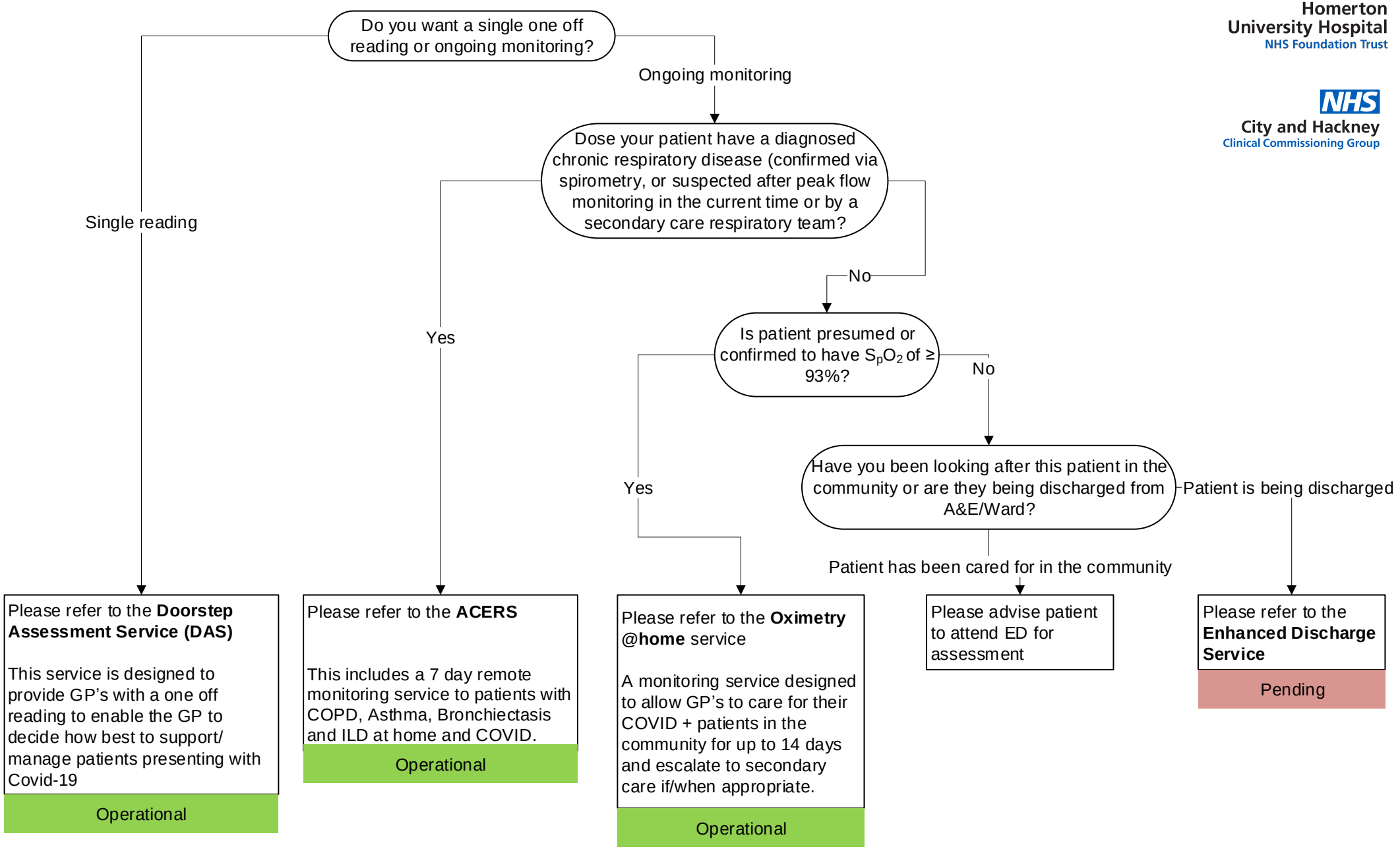
City and Hackney remote monitoring service pathway



City and Hackney Oximetry @home pathway

Referral form completed and submitted via email to: cahccg.pulseoxiservice@nhs.net
(Referrals accepted between 9:00am and 20:30pm, last referral at 19:00)

Referral criteria:

- Patient currently resident in City and Hackney or within an 0.5mile radius of the borough boundaries
- Patient registered with a City and Hackney GP
- Face to face or virtual assessment complete
- Patients who do NOT have diagnosed chronic respiratory disease (confirmed via spirometry, or suspected after peak flow monitoring in the current time or by a secondary care respiratory team).
- COVID Symptomatic
- Aged 65 or older OR
- *Under* 65 *years and clinically extremely vulnerable to COVID.* (The Clinically Extremely Vulnerable to COVID list should be used as the primary guide. Clinical judgement can apply and take into account multiple additional COVID risk factors.)

Which services can refer?

NEL A&E	GP Out of Hours	All Homerton Community Services
NEL Hospital Wards	Extended Access	Core GP Practices

Patients with a diagnosed chronic respiratory disease should be referred to the ACERS service for monitoring and care.

- Urgent referrals should be made directly to the 24/7 hotline via 07920150074
- Non urgent referrals should be made to: HomertonCOPD@nhs.net

Does referral meets the criteria

Receipt of referral acknowledged by receptionist via email or telephone within 30 minutes

No → Patient referred back to referrer

Yes → Patient contacted by receptionist to arrange appointment

In person assessment of patient within two hours

Patient visited and technician undertakes assessment and records baseline observations

Is patient's oxygen saturation level is 95% or higher?

Yes → Patient is:
- shown how to monitor pulse readings
- shown YouTube video
- given contact details
- shown monitoring diary and how to complete
- given instructions of how to seek further care if they deteriorate

Ongoing monitoring by technician twice a day with GP completing review/ oversight of results

No → **Escalation route if patient has abnormal levels of oxygen saturation level on assessment or if patient deteriorates:**

S_pO_2

- 92% or below call 999
- Between 93-94% Patient's GP contacted immediately via telephone and email

Contributors: Dr Stephanie Coughlin, Dr Alex Kelly, Dr Ben Molyneux
Published 27th January 2021