Clinical management pathway – **COPD MRC 3 or higher**

1. Cohort overview

- High Risk Threshold
  - MRC 3+
  - Walks slower than contemporaries on level ground because of breathlessness, or have to stop for breath when walking at own pace
- Consider
  - those who have had 2+ exacerbations in past year requiring steroids,
  - A+E or admission in past year,
  - on LTOT,
  - or disengaged.

2. Remote tools

- Text Messaging
  - MRC questionnaire
  - COPD Assessment Test
- Video Consulting
  - Inhaler and spacer technique
  - Social aspects
  - Consider who is best to consult
- Advice and Guidance
  - ACERS

3. Self management

- Opportunity to promote:
  - Smoking Cessation
  - Immunisations
  - Lifestyle advice
  - Exacerbations
  - Resources from British Lung Foundation
  - Inhaler technique
  - NHS App
  - Youtube videos
  - GP Website

4. Community links

- Please continue to refer for pulmonary rehab. ACERS will assess and support patients, even if they cannot physically see them