Early intervention pathway for patients suitable for light British Standard compression hosiery (for patients not on the Lymphoedema Service Caseload)

NHS City and Hackney Clinical Commissioning Group

accelerate cic — partners in wound and lymphoedema care

START OF PATHWAY - DIAGNOSTIC CHECK[1,2]

- ❑ **Trauma injury or swelling (oedema)** – this should be in the lower limb with **no** exudate
- ❑ **Venous disease** – this should only be **mild** (not moderate or severe)
- ❑ **Pregnancy** – this should only be mild swelling (not moderate or severe)

Ensure patient meets all below criteria:

- ✓ Intact sensation
- ✓ There is good peripheral perfusion (i.e. no signs of limb ischaemia)
- ✓ There is no deep pitting and no skin folds
- ✓ Appropriate shape and size of limb (below knee measurement should not be significantly wider than the calf)

GP MANAGEMENT

Patients suitable for early intervention in primary care

- ✓ **Minor lower limb swelling**
- ✓ **Early stage venous disease**
- ✓ **Acute lower limb wound (pre-tibial laceration)**

To prevent delay in management, in the absence of Ankle Brachial Pressure Diagnostic (ABPI), prescribe **Class 1 British Standard Hosiery (max 17mmHg compression)**

Recommended products:

- ✓ **Activa® British Standard Hosiery[3]**
- ✓ **Medi UK Duomed Soft® British Standard Elastic Hosiery[4]**

REFER IF CRITERIA FOR GP MANAGEMENT NOT MET OR IF WOUND FAILS TO HEAL WITHIN 2 WEEKS

A full holistic assessment incorporating vascular assessment should be carried out

Tissue viability
Mobile patients with non healing leg ulcers

Community nursing
Housebound patients

Lymphoedema service ('Garments Made Easy' scheme)

- ✓ Mobile patients with oedema ≥ 3 months
- ✓ Swelling which has been present for 3 months or more
- ✓ At least one of the following:
  - ❑ Chronic oedema/ lymphoedema with lymphorrhoea
  - ❑ History of repeated cellulitis related to oedema
  - ❑ Lymphoedema secondary to cancer
  - ❑ Primary lymphoedema

*Please note that all patients managed by the lymphoedema service should be coded on EMIS with code **9NoB (seen in lymphoedema clinic)** under health administration section.*

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Referral link: *http://www.acceleratecic.com/referrals*

References

1. Wounds UK[2015] Best Practice Statement; Compression Hosiery, Wounds UK, London
2. Wounds UK [2016] Best Practice Statement: Holistic Management of Venous Leg Ulceration, Wounds UK London
3. Order form - Activa® British Standard Hosiery http://lohmann-rauscher.co.uk/downloads/Activa_British_Standard_Patient_Record.pdf
4. Order form - Medi UK Duomed Soft® British Standard Elastic Hosiery https://www.mediuk.co.uk/fileadmin/Storage/Documents/WS_duomed_soft_patient_referral_form.pdf